



Amusé Bistro is Going Wild!!

The Chef's of Amusé Bistro are teaming up with Brother Michael, a Benedictine monk, of Solo del Monastery in the Cowichan Valley, to offer you a great wild food foraging experience!



Fall Mushroom Hunt

Brother Michael and a chef from Amusé Bistro will take you into the beautiful forests of the Cowichan Valley where Brother Michael will teach you how to find and identify some choice edible mushrooms, such as the yellow and white chanterelles, lobster and maybe if you are lucky even the matsutake or pine mushroom. The Amusé Chef's will be able to guide you through the process of properly cleaning and preparing wild mushrooms.

\$125 per person - cost includes a guided hunt with Brother Michael, and a three-course wild mushroom lunch.

Outline of the Day

- Meet at 9:30am at Amusé Bistro (Located in the Village of Shawnigan Lake at 1753 Shawnigan Mill Bay Rd)
- 10:00am Depart for hunt
- 10:30am Mushroom tour and hunt (Buckets provided)
- 1:00pm Arrive back at Amusé for 3 course lunch with a glass of local wine
- 3:30pm Depart

Dates

Given that our local wild mushroom season is at the mercy of mother nature it is hard to predict exact dates until mid September. Planned dates for this year are:

Saturday October 1
Saturday October 8
Saturday October 15
Saturday October 22
Saturday October 29
Saturday November 5 Tentative
Saturday November 12 Tentative

How To Book

A limited amount of spaces will be offered for each date in order to limit our ecological foot print on our pristine forests so book fast! There are several ways you can book for the mushroom tours, for all ways please provide the following information:

- Date you are booking for
- Number of people you are booking for
- Any physical limitations we should know about
- Any dietary restrictions we should know about
- Please provide email addresses for all parties booking
- Lastly we will need a credit card number to hold your spot

Email: amusebistro@shaw.ca

Phone: 250-743-3667

In Person: 1753 Shawnigan Mill Bay Rd, Shawnigan Lake

PLEASE NOTE: *Pickers must dress in hiking clothing and be prepared for all weather conditions.*

www.amusebistro.com